



## Boundless High School Summer Clothing and Gear List

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### Please keep these points in mind when packing:

- Students should plan and pack for active days and evenings outdoors
  - Our program continues in all weather conditions and many of our activities are water-based
  - It can get cold at night, particularly in August
  - Wool socks and synthetic layers are the most practical for wet and cold conditions
  - Boundless has limited laundry facilities.
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### Clothing:

- **t-shirts** - 5 (2 with long sleeves)
- **sweaters** - 3 (one of synthetic fleece)\*
- **shorts** - 3 pairs
- **bathing suit** (quick dry is preferable)
- **long pants** - 3 pairs (2 of these preferably not jeans)
- **socks and underwear**
- 1 layer of **synthetic long underwear** (top and bottom)\*
- 1 **jacket**
- waterproof **rain gear**- top and bottom\*
- baseball **cap** or sun **hat**
- 1 **toque**
- 2 **towels**
- 2 pairs of **running shoes**:
  - 1 pair to keep dry
  - 1 pair that can get for the riverBoth pairs must be sturdy, laced shoes (no velcro straps please)  
River shoes must be laced, closed-toed shoes (no sandals please)

\*Students who do not have a synthetic fleece sweater (with no cotton), synthetic long underwear (top and bottom – again, no cotton) or rain gear (top and bottom), or water bottle will be required to rent these essential items from Boundless for a small fee that will be charged to your account.

### Gear and Supplies:

- **sleeping bag and pillow**
- personal **toiletries**
- **flashlight**
- personal **water bottle\*** (hard plastic with carabiner clip)
- **sunscreen** and **insect repellent** (both highly recommended)
- **sunglasses** (bring safety strap to not lose them on the water)
- **prescription medication** (if applicable)

### Optional Gear and Supplies:

- alarm clock
- camera
- hiking boots
- reading material
- cards and games
- sports equipment
- musical instruments (at own risk)

### Please do not bring:

- **Electronics** (portable cd players, mp3 players, ipods, iphones, laptops, cell phones, gaming devices, etc.)
  - Pocket or camping knives
  - Valuables that may get lost or damaged
  - **Boundless has a strict policy prohibiting alcohol and drugs**
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### Money:

No purchases are necessary during the course, and students should come prepared to be away from stores. Otherwise, if students want to purchase a Boundless t-shirt, they cost \$20.

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